

2009 Summer - Whirlwind Diving JO Schedule

Normal Schedule Through 5/22	3:30-4:30 Caring 4:30-5:30 Caring 4-6 Responsibility 6:30-9 Resp ect	5:30AM Honesty, Respect & Responsibility 3:30-4:30 Caring 3-4:30 Responsibility 6:30-9 Respect	3:30-4:30 Caring 4:30-5:30 Caring 7-9 Honesty 4-6 Responsibility 7-9 Respect	5:30AM Honesty, Respect & Responsibility 3:30-4:30 Caring 7-9 Honesty 7-9 Respect	5:30AM Honesty, Respect & Responsibility 3:30-4:30 Caring 4:30-5:30 Caring 4:30-6:30 Honesty 3:30-5 Responsibility		12-2 Honesty 2-3:30 Responsibility 3-5 Respect
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	27	28	29	30	1	2	3
	A P R I L					Dick Kimball Meet	Dick Kimball Meet
	4 Normal Practice (see above)	5 Normal Practice (see above)	6 Normal Practice (see above)	7 Normal Practice (see above)	8 Normal Practice (see above)	9 Greenwich YMCA Meet	10 Greenwich YMCA Meet
M A Y	11 Normal Practice (see above)	12 Normal Practice (see above)	13 Normal Practice (see above)	14 Normal Practice (see above)	15 Normal Practice (see above)	16	17 Normal Practice (see above)
	18 Normal Practice (see above)	19 Normal Practice (see above)	20 Normal Practice (see above)	21 Normal Practice (see above)	22 Normal Practice (see above)	23	24 NO WORKOUT Memorial Day Weekend
	25 Memorial Day YMCA Closed	26 CAMP 1/DAY 1 Details to Follow	27 CAMP 1 DAY 2	28 CAMP 1 DAY 3	29 CAMP 1 DAY 4	30 CAMP 1 DAY 5	31 NO PRACTICE
J U N E	1 CAMP 2/DAY 1 Details to Follow	2 CAMP 2 DAY 2	3 CAMP 2 DAY 3	4 ALL 3:30 – 6:30 pm	5 ALL 3:30 – 6:30 pm	6	7 ALL 12-3
	8 CAMP 3/DAY 1 Details to Follow	9 CAMP 3 DAY 2	10 ALL 3:30 – 6:30 pm	11 ALL 3:30 – 6:30 pm	12 Region 1 Champ	13 Region 1 Champ	14 Region 1 Champ
	15 ALL 4:00 – 6:00 pm or 6:00 – 8:00 pm	16 ALL 3:00 – 4:40 pm or 7:00 – 9:00 pm	17 ALL 3:30 - 6:30 pm	18 ALL 3:30 - 6:30 pm	19 Region 2 Champ	20 Region 2 Champ	21 Region 2 Champ
New Summer Schedule Begins	8:00 - 9:30 am 4:00 – 6:00 pm 7:00 – 9:00 pm	8:00 - 9:30 am 3:30 - 6:00 pm 7:00 – 9:00 pm	8:00 - 9:30 am 3:00 – 4:00 pm 6:00 - 8:30 pm	8:00 – 9:30 am 4:00 – 6:00 pm 7:00 – 9:00 pm			12:00 – 2:00 pm 2:00 – 4:00 pm
	22 Normal Practice (see above)	23 Normal Practice (see above)	24 Normal Practice (see above)	25 Normal Practice (see above)	26 Normal Practice (see above)	27	28 Normal Practice (see above)

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	8:00 - 9:30 am 4:00 – 6:00 pm 7:00 – 9:00 pm	8:00 - 9:30 am 3:30 – 6:00 pm 7:00 – 9:00 pm	8:00 - 9:30 am 3:00 – 4:00 pm 6:00 - 8:30 pm	8:00 – 9:30 am 4:00 – 6:00 pm 7:00 – 9:00 pm			12:00 – 2:00 pm 2:00 – 4:00 pm
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
JUNE	29 Normal Practice (see above)	30 AM Practice ONLY Whirlwind Diving Awards Dinner Details to Follow	1 Normal Practice (see above)	2 Normal Practice (see above)	3	4	5 Normal Practice (see above)
	6 Normal Practice (see above)	7 Normal Practice (see above)	8 Normal Practice (see above)	9 Zones	10 Zones	11 Zones	12 Zones
JULY	13 Normal Practice (see above)	14 Normal Practice (see above)	15 Normal Practice (see above)	16 Normal Practice (see above)	17	18	19 Normal Practice (see above)
	20 Normal Practice (see above)	21 Normal Practice (see above)	22 Normal Practice (see above)	23 Normal Practice (see above)	24	25	26 Normal Practice (see above)
	27 Normal Practice (see above)	28 Normal Practice (see above)	29 NO DIVING due to SYNCHRO CAMP	30 Normal Practice (see above)	31	1 Age Group Nationals	2 Age Group Nationals
AUGUST	3 Age Group Nationals	4 Age Group Nationals	5 Speedo Nationals	6 Speedo Nationals	7 Speedo Nationals	8 Speedo Nationals	9
	PRACTICE TIMES TBD – DEPENDING ON PARTICIPANTS FOR NATIONALS						
	10 Normal Practice (see above)	11 Normal Practice (see above)	12 Normal Practice (see above)	13 Normal Practice (see above)	14 LAST SUMMER WORKOUT Normal Practice (see above)	15	16
	17 YMCA	18 CLOSED	19 FOR	20 SHUTDOWN	21 8/15 – 8/23	22	23